



The decision to move into residential aged care is often a time of stress, high emotion, a longing for the past and uncertainty about the future. It is an important decision for the person moving and their family.

The team at Sunnymeade Park Aged Care Community will ease the confusion and assist you to make the transition when the time is right.

We will provide you with the right information, guide you through the process step by step and provide an outstanding level of care and support, customised for your individual circumstances.



# Who we are

Sunnymeade Park Aged Care Community is the realisation of a lifelong passion in aged care by Mrs Margaret Walker.

Sunnymeade is a family owned and operated facility which, since opening its doors in 1982, has grown to become a fully integrated Aged Care Community and independent living Retirement Village.

The experienced professionals at Sunnymeade Park are actively involved in the day-to-day running of the community. Residents can have full confidence knowing that Sunnymeade will provide them with a secure and worry-free lifestyle which enables 'ageing in place'. We pride ourselves on not only maintaining industry standards, but also exceeding them to raise the benchmark in aged care.

'Ageing in place' is at the core of Sunnymeade's vision and mission in providing outstanding care for the elderly. This philosophy enables residents to live the lifestyle they choose while receiving the level of care appropriate for them when they require it – all within the one facility.

As a residents care requirements grow and change, Sunnymeade's senior staff review and adapt the services provided to ensure optimal wellbeing and outcomes for all. From Independent Retirement Village living to comprehensive medical and nursing arrangements, Sunnymeade offers accommodation

and services to cater for a wide variety of care and lifestyle requirements.

## Our Vision

Our vision is to be recognised as a leader of aged care in the community by providing an excellent standard of care and accommodation for the elderly.

We achieve this by each and every member of our team being committed to our Mission – our reason for being.

- Encourage optimal living experiences for all residents.
- Be a provider of quality care that meets agreed professional standards.
- Provide quality accommodation and management that is cost effective and environmentally responsible.
- Promote continuous improvement in all areas of the Sunnymeade community by providing sound leadership and opportunities for participation from staff and residents in the process.

We pride ourselves on not only maintaining industry standards, but also exceeding them to raise the benchmark in aged care.



# Accommodation and Facilities

Sunnymeade Park Aged Care Community is a family owned and operated company with over 45 years experience in supplying quality aged care and retirement living.

Our residents are offered a complete range of care options in architecturally designed accommodation. These include two-bedroom villas and one-bedroom apartments for Independent Retirement Village living as well as superior residential accommodation for aged care services.

Residential Aged Care rooms have ensuites with single or double occupancy and couples are very welcome.

Our attractive gardens and recreational areas provide our residents with a welcoming and friendly environment.

## Accommodation & Facilities Snapshot

- One-bedroom apartments
- Two-bedroom villas
- Shared rooms with ensuite
- Private rooms with ensuite and balcony
- Library
- Billiards room
- BBQ areas
- Computer room
- Community Centre
- Indoor bowls area
- Enclosed heated pool, hydrotherapy pool and outdoor pool
- Residents lounge







# Services

Sunnymead Park Aged Care Community provide a range of services in aged or home care, respite and dementia or special needs.

Sunnymead recognises that a residents needs may change over time and, as such, provide a range of flexible service options which can be readily adapted to an individuals needs.

Dementia and palliative care needs are attended to by caring and supportive specialist staff, qualified to meet individual requirements. All residents are provided with meals, laundry, nursing and personal care as well as associated services including physiotherapy and social activities.

Sunnymead also offers a respite care service. We understand that caring for someone takes time and commitment. While it is a rewarding experience, it can be both physically and emotionally demanding. It's important, from time to time, to give yourself a break and to look after your own health and wellbeing.

We will work with you, and the person you support, to understand the type and frequency of services you require and provide a range of care options and services. Respite care provides short term accommodation for up to 63 days in any financial year and generally needs to be booked in advance.

## Services Snapshot

- 24/7 nursing care
- Ageing in place
- Secure dementia areas
- Couples stay together
- Palliative care
- Dietitian approved onsite catering
- Onsite laundry facilities
- Cleaning and personal care services
- Physiotherapy
- Diversional therapy
- Pet friendly
- Onsite hairdressing service

We understand that caring for someone takes time and commitment



# What next?

## Retirement Village Living

For all interest in our Retirement Village, please contact our Retirement Village Manager to arrange an inspection.

Just like buying or selling your home or property, the move into Retirement Village life or residential aged care requires careful consideration. We strongly recommend that you seek independent legal and financial advice before entering into any contract or agreement.

## Residential Aged Care

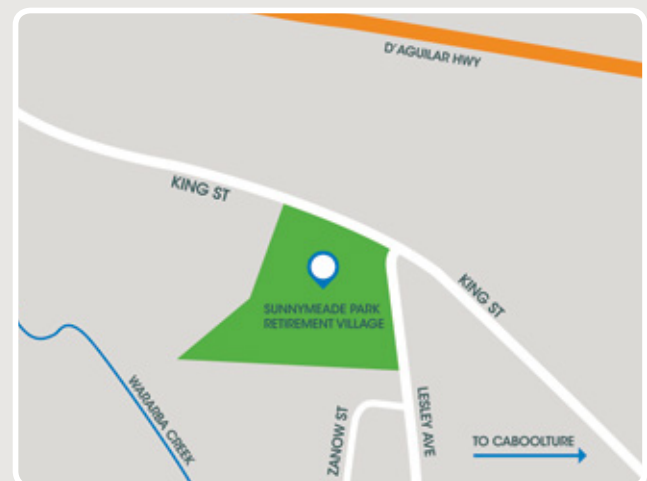
If you are enquiring about aged care, please ensure that you follow these simple steps.

1. Ensure that you have a current ACAT assessment.
2. Contact your local Centrelink branch to arrange a combined income and assets assessment.
3. Contact our admissions team to arrange a personalised tour of our facility.
4. Make an appointment to receive an individual itemised estimate of all fees and charges.

## Location

Sunnymeade Park Aged Care Community is adjoined by the Retirement Village entrance on Lesley Avenue.

Surrounded by golf clubs, shops, hospitals and religious venues, the village and community are only 3km west of Caboolture CBD; access to nearby institutions is both easy and quick with a public bus stop located at the entry to the village. Retirement Village residents may access the amenities of the Aged Care Community including the hairdresser / beautician and medical rooms.





Life is not a problem to be solved alone,  
but a reality to be experienced with  
others. So help us to learn from yesterday,  
to make the most of today and to plan  
for tomorrow. Here at Sunnymeade we  
can achieve this goal together.

- Residential Aged Care
- Residential and Day Respite
- Extra and Additional Services
- Independent Living Retirement Village

Call us today on 07 5495 4233 or visit  
[www.sunnymeadePark.com.au](http://www.sunnymeadePark.com.au)